

Year 1 – Home learning challenge 1



✓ **Reading (20 mins)** – choose a book you love.

✓ **Spelling (15 mins)** – choose 2 different words a day and write them in a sentence. Try to be creative!



✓ **Maths (15 mins)** – complete a task from the fluency ladder – only move onto the next step when you are an expert! Ask people in your house to test you on a Friday (and maybe you could test them too!). Also, keep practicing your 2, 5 and 10 times tables on TTRockstars.

✓ **Mindfulness** – find a calm, quiet space and listen to some relaxing music. Lay down and imagine you are in a relaxing place.



✓ **Physical activity** – complete a circuit of 10 star jumps, 10 lunges, 10 squats, 10 sit ups and 10 short sprints. Repeat 3 times with a short rest after each round. What improvements can you see by the end of the week?

Spellings for the week	
make	nice
cake	mice
shake	bride
flake	smile
bake	pride

Weekly fun task

- ✓ Choose your favourite book.
- ✓ Draw a picture to represent your favourite part of the story. Don't forget to colour it in!

Fluency Ladder	
46	Rounding to 10, 100, 1000, 10 000, 100 000
45	Factors and multiples
44	Squared and cubed numbers
43	Division facts for 12x table
42	Multiplication facts for 12x table
41	Division facts for 11x table
40	Multiplication facts for 11x table
39	Division facts for 9x table
38	Multiplication facts for 9x table
37	Division facts for 7x table
36	Multiplication facts for 7x table
35	Division facts for 3x table
34	Multiplication facts for 6x table
33	Division facts for 3x table
32	Multiplication facts for 3x table
31	Division facts for 8x table
30	Multiplication facts for 8x table
29	Division facts for 4x table
28	Multiplication facts for 4x table
27	Division facts for 2x table
26	Multiplication facts for 2x table
25	Division facts for 5x table
24	Multiplication facts for 5x table
23	Division facts for 10x table
22	Multiplication facts for 10x table
21	Bridging/compensating
20	Near doubles (bridging 10)
19	Halves of numbers to 20
18	Doubles of numbers to 10
17	Near doubles (within 10)
16	Subtracting 0 from a number
15	Adding 0 to a number
14	Subtracting 10 from a number (teens numbers)
13	Adding 10 to a number (teens numbers)
12	Number bonds to 10 (subtraction)
11	Number bonds to 10 (addition)
10	Subtracting 2
9	Adding 2
8	Halves of numbers to 5
7	Doubles of numbers to 5
6	Subtracting 1 (within 10)
5	Adding 1 (within 10)
4	Say 1 less up to 10
3	Say 1 more up to 10
2	Count back in 1s to 20
1	Count on in 1s to 20