Year 5 - Home learning challenge 1

Daily activities



- Reading for 20 mins per day- choose a book you love.
- ✓ **Spelling (15 mins)** practice using Look, Say, Cover, Write and Check Test yourself on a Friday.
- ✓ **Maths (20 mins)** a task from the fluency ladder only move onto the next step when you are an expert! Test yourself on a Friday.



✓ **Mindfulness (10 mins)** – find a calm, quiet space and listen to some relaxing music. Close your eyes, be very still and breathe in for 3 counts and out for 4 counts.



Physical activity – Listen to a piece of upbeat music every day, turn up the volume and dance like no-one is watching! Not into dancing? Why don't you join the Body Coach for a live workout Monday – Friday at 9am? Go to YouTube

and search 'The Body Coach TV'.

Spellings for week beginning		
30.03.20		
credible	resistible	
horrible	responsible	
edible	sensible	
legible	reversible	
possible	terrible	

Weekly fun task – Keep a diary this week and write in it every day!

Think about:

- ✓ Using colloquial language
- ✓ Writing in chronological order
- ✓ What did you do today that you want to remember?
- ✓ What happened today that made you feel happy/positive?

'Look for something positive in each day, even if some days you have to look a little harder.'

Fluency Ladder		
46	Rounding to 10, 100, 1000, 10 000, 100 000	
45	Factors and multiples	
44	Squared and cubed numbers	
43	Division facts for 12x table	
42	Multiplication facts for I2x table	
41	Division facts for 11x table	
40	Multiplication facts for llx table	
39	Division facts for 9x table	
38	Multiplication facts for 9x table	
37	Division facts for 7x table	
36	Multiplication facts for 7x table	
35	Division facts for 3x table	
34	Multiplication facts for 6x table	
33	Division facts for 3x table	
32	Multiplication facts for 3x table	
31	Division facts for 8x table	
30	Multiplication facts for 8x table	
29	Division facts for 4x table	
28	Multiplication facts for 4x table	
27	Division facts for 2x table	
26	Multiplication facts for 2x table	
25	Division facts for 5x table	
24	Multiplication facts for 5x table	
23	Division facts for 10x table	
22	Multiplication facts for 10x table	
21	Bridging/compensating	
20	Near doubles (bridging 10)	
19	Halves of numbers to 20	
18	Doubles of numbers to 10	
17	Near doubles (within 10)	
16	Subtracting 0 from a number	
15	Adding 0 to a number	
14	Subtracting 10 from a number (teens numbers)	
13	Adding 10 to a number (teens numbers)	
12	Number bonds to 10 (subtraction)	
11	Number bonds to 10 (addition)	
10	Subtracting 2	
9	Adding 2	
8	Halves of numbers to 5	
7	Doubles of numbers to 5	
6	Subtracting (within 10)	
5	Adding I (within 10)	
4	Say I Leas up to 10	
3	Say I more up to 10	
2	Count back in 1s to 20	
1	Count on in la to 20	