**A picture containing food, room

Description automatically generatedYear 4 – Home learning challenge 10**

**Daily activities**

* **Reading** (20 mins) - choose a book you love and keep reading on Bug Club 😊
* **Spelling (15 mins)** – practise then choose 2 of the words from the box below and write them in a sentence.
* **Maths (15 mins) –** a task from the fluency ladder – only move onto the next step when you are an expert! Ask people in your house to test you on a Friday (and maybe you could test them too!). Also keep practicing your times tables on TTRockstars. You could also have a go at creating your own version of Countdown: <https://www.youtube.com/watch?v=RZgkr5_Xn58>
* **Mindfulness –** find a calm, quiet space and listen to some relaxing music. Lay down and imagine you are in a relaxing place. Try listening to panpipes or the sounds of the ocean: <https://www.youtube.com/watch?v=KnJaayv6fsI>
* **Physical activity –** continue with your yoga video online – what improvements have you seen by the end of this second week?

Weekly fun task

Design and make a homemade board game

* Think about the layout of your game – will it be similar to a game you already know?
* What parts will you need for your game and what will the rules be?
* Now play the game with others in your house.

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| Spellings | |
| scissors | ascend |
| science | descend |
| scent | muscle |
| scene | fascinate |

