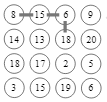
**A picture containing food, room

Description automatically generatedYear 6 – Home Learning Challenge 10**

* **Reading –** Choose a book this week from active learn – consider choosing a book which is a different genre to what you would commonly pick.
* **Mindfulness –** Close your eyes and think about how you are feeling. Happy? Sad? Lonely? Anxious? Something else? Think about how you know you are feeling this way. Hold your hand on your tummy and take 10 deep breaths. Take note of how your body moves.
* **Physical activity –** Can you design your own workout routine this week? You must design 10 x 30 second activities. Using a timer, complete each exercise and have a 30 second rest between. Share and swap your ideas with friends.

**JOINS**  
Join any four numbers.  
Find their total Joins can go up, down or sideways, but not diagonally.  
The score shown is 8 + 15 + 6 + 18 = 47  
  
  
  
  
  
  
  
  
  
  
  
Find the highest possible score. Find the lowest possible score.  
Try joining five numbers. Now try five joining numbers using only diagonal joins.  
For more puzzles… visit [www.puzzlemadness.co.uk](http://www.puzzlemadness.co.uk)



|  |  |
| --- | --- |
| **Spellings** This week create a funny story using all of the spellings below. ☺ | |
| Controversy | Definite |
| Convenience | desperate |
| Correspond | Determined |
| Criticise | Develop |
| curiosity | dictionary |



**Weekly fun task   
GUESS THE FILM!**This week I want you to think of your favourite film and act this out with your family or friends.  
  
Consider the costumes, background, props, music, script. Send them in to our facebook page and we will have a go at guessing the movie.