Year 5 - Home Learning Challenge 14



Daily activities



- ✓ Reading for 20 mins per day- choose a book you love.
- ✓ Spelling (15 mins) practice using Look, Say, Cover, Write and Check Test yourself on a Friday.
- ✓ Maths (20 mins) a task from the fluency ladder only move onto the next step when you are an expert! Test yourself on a Friday.



✓ Mindfulness (10 mins) – find a calm, quiet space and listen to some relaxing music. Close your eyes, be very still and breathe in for 3 counts and out for 4 counts.

Physical activity – Listen to a piece of upbeat music every day, turn up the volume and dance like no-one is watching! Not into dancing? Why don't you join the Body Coach for a live workout Monday – Friday at 9am? Go to YouTube and search 'The Body Coach TV'.

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Spellings	
autobiography	autopilot
autograph	autocorrect
automobile	autocue
automatic	

Can you crack the code and work out the answers?

Can you make some new equations and see if a family member can crack your code?

This week is national clean beaches week! Can you create a poster to advise people on how they can help to keep their beaches clean?

Think about persuasive techniques you could use to encourage the people of Hartlepool to keep the beaches clean!

