**A picture containing food, room

Description automatically generatedYear 1 – Home learning challenge 4**

* **Reading** **(20 mins)** – choose a book you love.
* **Spelling (15 mins)** – choose 2 different words a day and write them in a sentence. Try to be creative!
* **Maths (15 mins) –** complete a task from the fluency ladder – only move onto the next step when you are an expert! Ask people in your house to test you on a Friday (and maybe you could test them too!). Also, keep practicing your 2, 5 and 10 times tables on TTRockstars.
* **Mindfulness –** find a calm, quiet space and listen to some relaxing music. Lay down and imagine you are in a relaxing place.
* **Physical activity –** how many times can you run up and down the stairs in 30 seconds? See if you can beat your score each day!

|  |  |
| --- | --- |
| Spellings for the week | |
| where | once |
| love | ask |
| come | friend |
| some | school |
| one | put |

Weekly fun task

* Invent your own superhero. Think about what they will look like and what super powers they will have and why!

