**A picture containing food, room

Description automatically generatedYear 6 – Home Learning Challenge 4**

**Daily activities**

* **Reading** (20 mins) - choose a book you love.
* **Spelling (15 mins)** – choose 2 different words a day, find a definition of the word then write them in a sentence. Can any of your words be changed using a prefix or a suffix? If they can, write the word in another sentence using the prefix or the suffix.
* **Maths (15 mins) –** a task from the fluency ladder – only move onto the next step when you are an expert! Ask people in your house to test you on a Friday (and maybe you could test them too!). Also keep practicing your 6, 7 and 8 times tables on TTRockstars.
* **Mindfulness –** find a calm, quiet space and listen to some relaxing music. Lay down and imagine you are in a relaxing place.
* **Physical activity –** complete a circuit of 15 star jumps, 15 lunges, 15 squats, 15 short sprints. Repeat 5 times with a short rest after each round. What improvements can you see by the end of the week?

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| Spellings for week beginning 20.04.20 | |
| achieve | foreign |
| bruise | hindrance |
| community | immediate |
| determined | muscle |
| excellent | vegetable |

Weekly fun task

* Think about an important job in our world (e.g. a nurse or fire fighter).
* Research all the different tasks they might have to carry out in their job role.
* Choose the 3 tasks you think are the most important and draw each of them being carried out.