




Year 2 – Home Learning Challenge 15



Daily activities


- ✓  **Reading (20 mins)** – read a book you enjoy.
- ✓  **Spelling (15 mins)** – practise then choose 2 of the words from the box below and write them in a sentence.
- ✓  **Maths (15 mins)** – a task from the fluency ladder – only move onto the next step when you are an expert! Ask people in your house to test you on a Friday (maybe you could test them too!). Also keep practicing your 2, 5, 10- and 3-times tables on TTRockstars.
- ✓ **Physical activity** – Sardines is a variation of the traditional game of hide and seek — one that is played backwards. One person runs and hides while all the other players cover their eyes and count. When one of the seekers finds the hider, he quietly joins him. Soon everyone is crammed in to the hiding spot and the game ends. The last player to join the group becomes the next person to hide.
- ✓ **Mindfulness –**



MINDFUL EATS

Materials: a small piece of allergy-friendly food such as chocolate or fruit.

- 1 Sit straight and still. Close your eyes or look downwards.
- 2 Take three slow, deep breaths in and out.
- 3 Hold the food up to your nose and take a deep breath in. Notice the smell and how the smell makes you feel.
- 4 Take a small bite of the food. Let it sit in your mouth awhile before you swallow it.
- 5 Notice which muscles in your mouth, neck and body move as you eat.
- 6 Pause between each bite and notice any changing sensations in your mouth or body.
- 7 Continue eating your food slowly and mindfully.



Guiding Questions

- What is the taste like? Is it sweet or savoury?
- What does the food feel like on your tongue?
- Do you need to crunch it between your teeth, or can you slowly dissolve it in your mouth?
- Try taking a slightly smaller or slightly larger bite. How does this change the way eating this food feels?

Fluency Ladder	
46	Rounding to 10, 100, 1000, 10 000, 100 000
45	Factors and multiples
44	Squared and cubed numbers
43	Division facts for 12x table
42	Multiplication facts for 12x table
41	Division facts for 11x table
40	Multiplication facts for 11x table
39	Division facts for 9x table
38	Multiplication facts for 9x table
37	Division facts for 7x table
36	Multiplication facts for 7x table
35	Division facts for 3x table
34	Multiplication facts for 6x table
33	Division facts for 3x table
32	Multiplication facts for 3x table
31	Division facts for 8x table
30	Multiplication facts for 8x table
29	Division facts for 4x table
28	Multiplication facts for 4x table
27	Division facts for 2x table
26	Multiplication facts for 2x table
25	Division facts for 5x table
24	Multiplication facts for 5x table
23	Division facts for 10x table
22	Multiplication facts for 10x table
21	Bridging/compensating
20	Near doubles (bridging 10)
19	Halves of numbers to 20
18	Doubles of numbers to 10
17	Near doubles (within 10)
16	Subtracting 0 from a number
15	Adding 0 to a number
14	Subtracting 10 from a number (teens numbers)
13	Adding 10 to a number (teens numbers)
12	Number bonds to 10 (subtraction)
11	Number bonds to 10 (addition)
10	Subtracting 2
9	Adding 2
8	Halves of numbers to 5
7	Doubles of numbers to 5
6	Subtracting 1 (within 10)
5	Adding 1 (within 10)
4	Say 1 less up to 10
3	Say 1 more up to 10
2	Count back in 1s to 20
1	Count on in 1s to 20

Weekly fun tasks

Invent a Writing Code

Invent your own code and write messages to each other. Take the alphabet and transform it into symbols and signs to represent each letter. Once it is created, give someone a copy of the code, and begin writing messages to one another. It will be interesting to translate words into the special code you made.

Spellings for the week - HFW	
class	even
climb	every
clothes	everybody
cold	eye
could	fast
door	find