

**Nursery – Home Learning Challenge 16**

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| **Start each day** | Practise mindfulness and take part in some morning yoga. Get the whole family to join in | https://www.cosmickids.com/ |
| **Check Tapestry** | Log on to your Tapestry account and check the memo page.Don’t forget to add your own photos. | https://tapestryjournal.com/login/ |

**My lockdown caterpillar:**

**Draw a picture in each stone, then cut and stick the caterpillar head and body to create your own lockdown caterpillar. It will be great to look back and see what fun you had.**